# PROGRAM MODULES

This Workshop comprises of **16 Modules** with each module focusing on:

Module 1: SELF-ANALYSIS & PERSONALITY ASSESSMENT

Module 2: GOAL SETTING & MOTIVATION

(Personal as well as Professional)

Module 3: HOW TO OVERCOME CHALLENGES & EVALUATE FACTORS AFFECTING GROWTH?

Module 4: CONFIDENCE BUILDING TECHNIQUES

Module 5: HOW TO CREATE AN IMPACT?

(Career Progression versus Personal Achievements)

STRIKE THAT BALANCE

Module 6: BODY LANGUAGE, GAIT & STANCE



## PROGRAM MODULES

Module 7: EFFECTIVE COMMUNICATION SKILLS -

THE 3 Ps of Successful Leadership -

PUBLIC SPEAKING, PROBLEM SOLVING,

PERSONAL BRANDING

Module 8: POWER DRESSING & CORPORATE FASHION

Module 9: SOCIAL & CORPORATE ETIQUETTES

Module 10: LEADERSHIP & TEAM BUILDING SKILLS

Module 11: UNDERSTANDING CONVERSION BEHAVIOURS THROUGH RELATIONSHIP BUILDING

Module 12: SELF-CARE PRACTICES



#### PROGRAM MODULES

Module 13: GROOMING FOR WOMEN & GROOMING FOR MEN

Module 14: HOW TO DEVELOP NETWORKING SKILLS TO CLIMB THE LADDER OF SUCCESS?

Module 15: TIPS & TRICKS TO FACE THE CAMERA & BRING OUT YOUR PUBLIC PERSONA

Module 16: PERSONALIZED CORPORATE PHOTOSHOOT

10X10X10 RULE OF SUCCESS with this practical & activity oriented workshop

Earn a Certificate of 16 CREDIT HOURS upon Completion of this Workshop based on 'PERSONALITY, IMAGE & COMMUNICATION ENHANCEMENT.'



KNOWYOUR

Dr. Aleshafa Prabhu

- Ms. International World 2021 First Indian to win this **International Crown & Title in USA**
- New York Fashion Week Model
- CEO & Mentor THE INTERNATIONAL GLAMOUR PROJECT®
- Worked with London Fashion Week, Paris Fashion Week
- Brand Ambassador for Loreal, Times of India, Smirn Off, Bombay Times, Aza, Colgate & many more
- Honoree & Receipient of 100 Successful Women in Business by Global Trade Chamber, USA
- International Communication Expert & Personality





# Dr. Akshata Walhu is an industry expert

in the fashion & the modelling industry. She is currently the CEO & Chief Mentor at The International Glamour Project® which is a Training Platform for Models, Beauty Queens & Professionals who want to enhance their personality. She is an ace in the field of Grooming, Image Enhancement & Personality Development and dedicates her time passionately towards the transformation of individuals. She has been invited all over India as well as USA to speak to audiences about Personality Development & Image Enhancement.



# LIVE TRAINING WORKSHOPS





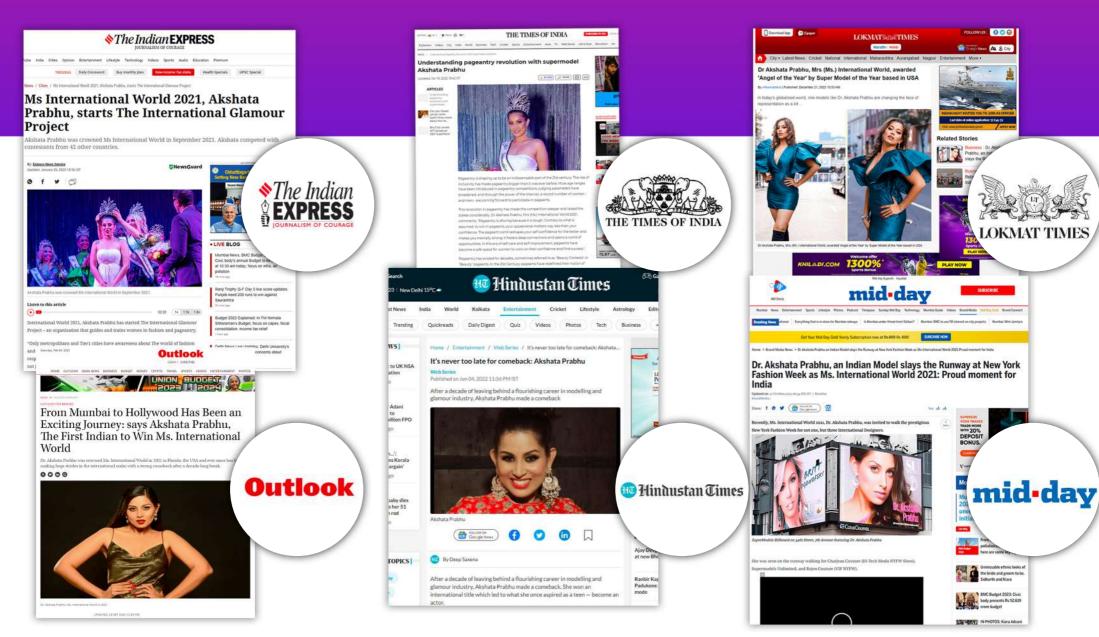






### **NEWS AND ARTICLES**

Dr. Akshata Prabhu has been featured in various national & international media



# BRANDS

Dr Akshata Prabhu is a leading model and actor. With over a decade of experience in modelling, she represents India on the global level.



The Platform Magazine Based In Washington DC, USA



New York Fashion Week, USA



Luxlife Magazine, United Kingdom

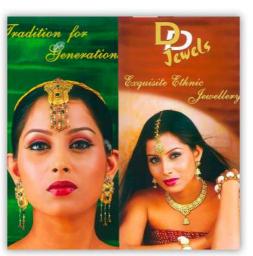




Crowned Ms International World 2021 In USA International Winner



Co-Founder & CEO
The International Glamour Project®



DD Jewels By Zaveri Billboard in Mumbai



Karishma Sarees - Brand Ambassador



# FOR CORPORATE EVENTS & TRAINING WORKSHOPS



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